

MEREDITH SNOW MS, ATR-BC, LCAT

315-395-2957 • meresnow@icloud.com website: www.meredithsnow.com

LICENSES/CERTIFICATIONS

Nationally Registered, Board Certified Art Therapist (ATR-BC) #060-074

New York State Licensed Creative Arts Therapist (L-CAT) #000626-1

New York State Certified Art Teacher K-12

Certified Geriatric Care Professional

University of California Certified Naturalist

California Single Subject Credential Art (preliminary)

California Multi- subject Credential K-5 (preliminary)

EDUCATION

M.S. Art Therapy, Nazareth University, Rochester, NY

B.S. Art Therapy, College of New Rochelle, NY

Psi-Chi, Psychology National Honor Society

EXPERIENCE

Stanford Children's Hospital, Palo Alto 2024

Art Therapist

- Design medical art therapy interventions for children who are critically ill (heart transplant, neurology)
- LGBTQ ERG and DEI
- Create group interventions for family support

Island Art Therapy, Alameda CA 2021- present

Principal Art Therapist

- Develop and sustain art therapy practice serving groups and individuals using nature based expressive arts
- Consult with schools, hospitals and non-profits to collaborate care
- Provide clinical art therapy to Trans and gender variant youth

Artify, LLC (start-up) 2021-present

Co-founder

- Create art for mental health mobile platform application
- Design mobile arts in health interventions

Telecare Corporation: Morton Bakar Center, Hayward, CA 2022-2024

Rehabilitation Therapist (Art)

- Facilitate 1:1 and group art therapy sessions for individuals with chronic mental health conditions
- Grand rounds facilitator bringing education on end of life care to acute skilled nursing facility staff

Marsh Psychotherapy Remote, Brooklyn, NY 2022- 2022

Art Therapy Clinical Supervisor (part-time)

- Provide 1:1 remote psychotherapy to adults/children on an individual basis
- Clinically supervise art therapists in their practice

John Muir Behavioral Health, Concord, CA 2019-2021

Senior Art Therapist

- Provide therapeutic expressive arts groups to adults and adolescents using WRAP Model TM
- Addiction medicine art therapy groups, acute inpatient
- Cultural Understanding Advisory Committee member
- LGBTQI task force committee member

Bay Area Music Therapy, Oakland, CA 2018- 2019

Art Therapist

- Provide 1:1 art therapy to medically ill individuals and their families.
- Document notes and collaborate with families and other care providers.

City of San Francisco Department of Public Health, San Francisco, CA 2015-2019

Vocational Rehabilitation Therapist

- Design and implement thriving vocational rehab program for older adults recovering from catastrophic illness or injury
- Revise policies and procedures to be trauma inclusive
- San Francisco Health Services System Wellness Leadership: provide wellbeing workshops to staff
- San Francisco Health Service System Trauma Informed Leadership: engage with leadership and frontline staff to educate and support a TIS model
- Schwartz Rounds facilitator and panelist

Telecare Corporation: Villa Fairmont Mental Health Rehabilitation, San Leandro, CA 2013-2015

Rehabilitation Therapist: Art

- Work within a multidisciplinary team to assess and treat
- Design therapeutic DBT based art therapy interventions
- Design and create gardens, edible plants

Stanford Hospital and Clinics, Stanford, CA 2009-2012

Art Facilitator: Art for Health Program

- Develop and implement therapeutic art techniques for medically ill adults
- Coordinate the annual International Society for the Arts in Health Care Conference
- Present to faculty and students in The Biomedical Ethics and Medical Humanities Scholarly Concentration Studies Department

Syracuse Jewish Family Service, Syracuse, NY 2005-2008

Creative Arts Therapy Program Initiatives

- Implement one of the first art therapy programs in the Syracuse metropolitan area
- Supervise student interns
- Develop collaborative relationships with non-profit organizations and academic institutions
- Work as an independent clinician, involved in analysis and interpretation of complex therapeutic situations; Provide bedside art therapy for children and families with life threatening illness
- Secure funding for program development by facilitating fundraisers and community engagement

TEACHING EXPERIENCE

Empire State College, Syracuse, NY

Art Therapy Instructor Undergraduate students

Seattle Public Schools, Seattle, WA

Arts Program Teacher

Train classroom teachers to implement art education following standards

Crisis Prevention Institute Instructor, San Francisco Department of Public Health

Aspire College Academy, Oakland, CA

Art and Science Instructor

Engage students in outdoor education with literacy focus

PUBLICATIONS

American Chronic Pain Association: Pain Management Toolkit

RESEARCH/PROFESSIONAL DEVELOPMENT

White and Awakening in Sangha, East Bay Meditation Center, Oakland, CA

Post-Traumatic Slave Syndrome: Healing our Wounded Past, SFDPH, San Francisco, CA

Black-African American Health Initiative think tank workgroup, San Francisco Department of Public Health, San Francisco, CA

Racial Humility for Providers, San Francisco, CA

Transgender care clinical workgroup, Oakland, CA

Trauma Informed Care San Francisco Endowment, Oakland, CA

Post Traumatic Stress Disorder and Behavioral Reactions Reduced through Art Therapy, Hillside Children's Center, Rochester, NY

Post Traumatic Stress Disorder: Signs and Symbols to Indicate Stress Reduction and Coping Skills, Alternatives for Battered Women, Rochester, NY

Visual Indicators of Dementia in Paintings of Early Onset Alzheimer's Disease,

United Home for Aged Hebrews/Sarah Neuman Nursing Home, New Rochelle, NY

Living with Dying Bereavement Series, Syracuse, NY

Filial Therapy Workshop Training, Syracuse, NY

PRESENTATIONS

Trauma informed care for healthcare providers, San Francisco, CA

Art Therapy Interventions for the Chronically and Persistently Mentally Ill, San Leandro, CA

Caring for the Transgender Individual in a Healthcare Setting, San Leandro, CA

Art Therapy and Art for Health, Stanford University School of Medicine, Stanford, CA

Art Therapy as an Intervention with Adults in a Day Program, Alzheimer's Activity Center, San Jose, CA

Caring for the Caregiver, Adults with Dementia, Onondaga County Office on Aging, Syracuse, NY

Acknowledging Loss and Supporting Families: Understanding Bereavement, Utica College: Utica, NY

Integrating Art Therapy into a Recreational Therapy Program Course Curriculum, Onondaga Community College, Syracuse, NY

Integrating Creative Arts Therapy into an Educational Setting, New York State Arts in Education Conference, Rochester, NY
Designing Art Therapy Interventions for Refugees in a Community Center Setting, Catholic Charities, Syracuse, NY

WORKSHOP FACILITATOR

End of Life Care for Staff and Carers Hayward, CA
Restorative Yoga for Essential Workers in the time of COVID-19, Concord, CA
Wellness for Healthcare Workers, San Francisco, CA
Trauma Informed Practice for the Healthcare worker, San Francisco, CA
Art Therapy and Yoga Workshops for Fertility, Alameda, CA
Mandalas: A Path to Wholeness San Leandro, CA
The Five Universal Shapes and How to Use Them, Palo Alto, CA
Traumatic Brain Injury and Expressive Arts: A Tool for Understanding, San Jose CA
Dementia and the Healing Effects of Mandala, San Jose, CA
Art Therapy with Battered Women, Syracuse, NY
Asthma as a Social Issue: Art Interventions with Children and their Families, Syracuse, NY

ART EXHIBITS

Pixies and Peonies, Retrospective (mixed media) Alameda, CA
F3 at the Cotton Mill Studios, Medicine and the Muse (acrylic paint) Oakland, CA
The Water Heater, Not Enough Queer Art, (mono-print) Portland, OR
Works Gallery, (mixed media, collage), San Jose, CA Jazz Central (pen and ink), Syracuse, NY
Ode to Icarus (dramatic performance), Seattle, WA
Everson Museum of Art (ceramics), Syracuse, NY
College of New Rochelle (oil), New Rochelle, NY

GRANTS & AWARDS

Employee of the Month, Laguna Honda Hospital and Rehabilitation Center
First Place Ribbon: CNY Alzheimer's Association, New York State Fair
Staff Advancement Grant from the Central New York Community Foundation

PROFESSIONAL ORGANIZATIONS

American Art Therapy Association
National Science Teachers Association
Syracuse Transgender Healthcare Services
South Bay Queer Arts Project

Past president and Co founder: Central New York Licensed Creative Arts Therapist
Network
Crisis Prevention Institute
Mind the Gap (UCSF Clinical providers group)